

#WE
HEAR
YOU

A CONVERSATION- STARTER

TOOLKIT

TO ADDRESS
PANDEMIC BURNOUT

The Challenge

During the COVID-19 pandemic, healthcare employees' way of working and caring for patients and residents dramatically shifted. Our year-long research project sought to combine the expertise and perspectives from several areas of healthcare to understand the problem of employee burnout and help inform solutions.

What we learned

Overall, we learned that during a pandemic, it is important to support employees' commitment to caring by adjusting the approach to **teamwork, communication, and leadership**. This helps to prevent and address **burnout**.

How we can help

In 60 minutes, we can introduce you to essential findings, address your questions, and guide you to resources. Contact us to arrange a session!

Then, use our conversation-starter toolkit to promote dialogue in different contexts, ranging from the break room to department meetings to the floor. From posters and newsletters to huddle talks and social media, we have translated our findings into tools that spark conversations to support employees and address burnout.



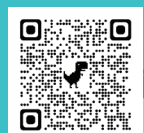
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